

## Shape the Behavior

Lure the dog into position using an object valued highly by the dog (treat, toy, affection)

After the dog is happily following your hand (with or without a treat) add the hand signal

Hand signals should be very large at first

## Add the Cue

Add the word(s) you want to use to ask for the behavior:

- 🐾 When dog is offering behavior on his/her own
- 🐾 When behavior is consistent and reliable
- 🐾 When the dog is going into position 80% of the time on a hand signal

## Add Duration

Mark the dog as soon as he/she goes into position with a Yes! and count to 5 then give them a treat

Repeat this a handful of times until the dog is comfortably waiting 5 seconds

Then Mark the dog once they go into position with a Yes! and repeat at 5 seconds, at 10 seconds give them a treat

Repeat over and over until dog is comfortably staying in position for 10 seconds

## Add Distance

- 🐾 Ask dog for behavior from 2' away
- 🐾 Repeat until dog is comfortable at distance
- 🐾 Add 2 feet
- 🐾 Repeat until dog is comfortable at distance
- 🐾 Repeat

## Add Distraction

Practice

- in different locations
- in different weather conditions
- with dogs around
- with kids around
- in stores
- with different noise present
- Weather conditions

**Practice Duration, Distance and Distraction together!**

# Training Cycle

Dogs already know most of the behaviors we're 'teaching' them

Consider instead that we're just finding a common language that puts these behaviors on demand

Key to Success



**pranaDOGS**  
Building Better Relationships  
between Dogs and their People

Notice and acknowledge 100% of time during the Training Cycle